## How the Distance Healing Works.

Here is how the distance healing works. We set a time that you and I are both available for about two hours. I am on pacific in the USA (-8 UTC).

Before our appointment you will need to do two things: 1) send me a headshot picture of you in which I can see your eyes; and 2) read and electronically sign a statement of practice that is required by local Law (it tells what we do and cost etc. and I will send you a link to do that).

It is also best to eat vegetarian the day of the appointment. At the very least, try not to eat pork or beef that day.

At the appointment time, and we will do the session via zoom or skype. Or you can call me at 575 770 4483. You will need to be able to talk and lie or sit down and be still for that time. We talk about the issues you wish to address in the healing. These can be physical, mental or emotional I take notes as to what had blocking or heavy energy attached. We go back to those sections of your story and concentrate on them so I can track them through your energy body to find the sources.

We will begin by you telling me the problems you are facing. Then I will scan your energy body and see if there are any blockages or loss related to your issues. This process tells us a lot from examining where and how the blocks are vested and may lead us to more conversation so that we can find the very root of the issues presented.

Then we will set the space through mantra and prayer and call in the divine energies which do the healing. Healing comes from God, not from me. I am connected to a Vedic divine lineage (through Sri Sai Kaleshwara Swami, Shirdi Sai Baba and Mother Mary and Jesus Christ).

These divine energy can help us understand the greater spiritual meaning of what is occurring. Our life experiences are our greatest opportunities for soul development.

After prayers we use various appropriate techniques to remove or transform the energy. Finally, affected areas are filled with divine energy from the appropriate divine sources.

I will give you homework to help integrate and retain the new state of your energy. Often homework may include mantra practices for your continued healing and illumination.

It is important to note that this is a spiritual process. This is not a medical or psychological treatment. It should not be used to supplant or contradict any medical or psychological guidance or treatment you have been given or told to seek by a reputable practitioner. Nor can this spiritual process hold any guarantee of curing your medical and psychological issues.

As well this is not magic, in which one attempts to transform the illusion to fulfill the desires of the ego of the person. This is a spiritual process in which we attempt to bring the person (their

body, mind, illusion, and ego) into alignment with the true divine nature. It is through this alignment that healing occurs. What constitutes healing can be very different for each person.

The cost is \$100.00 US per hour. You can send me a check or money order after the healing is done. Payment is also available through Paypal.com (with an added transaction fee and an added fee for foreign currency exchange) or Venmo (free domestic) on the internet. Most first healings last 2 hours and subsequent healings may be shorter in length.

We will use phone or Skype for. But I don't need to use the picture capability for Skype. One of my strongest ways of knowing is to close my eyes and listen.

If you decide to book a distance appointment, I will ask you to e-mail to me a head shot picture of yourself where I can see your eyes. I will also e-mail you a link to electronically read and sign a statement of practice required by local law before alternative healing appointments.

If this still sounds like something you are interested in – e-mail me soulhealer@taosnet.com

Love and Healing Cindy

## My Credentials:

I have been a healer for over 15 years. I am a graduate of Soul University in Penukonda India and have studied with Sri Sai Kaleshwara Swami (within the Shirdi Sai Baba lineage) since 2000. Before that I studied with the Q'ero Indians of Peru and passed all the rights to become a healer in the Inkan traditions. I have also studied with Alberto Villoldo, Jose Luis Hererra, and Don Martin Pinedo. In addition, I have trained with a number of North American Native and nonnative healers.

E-mail Me For an Appointment: soulhealer@taosnet.com Love and Healing Cindy