Mother's Powerful Prayer for a Child of Any Age

A Mother is the most powerful healer for her child. As a birth mother you have a powerful sacred womb, heart and soul connection with your child that was formed when your child was inside you. As an adoptive mother you have a huge heart connection to your child. This form of prayer uses the connection you have to talk to your child's soul. You can heal them and put their lives in the right direction.

1. Make a circle of fifteen to twenty evenly spaced same sized candles. Light each candle and place a leaf or flower from nature with each candle.

2. Light some incense, then sit alone in a dark room in the middle of the ring of lit candles. Be careful to make sure 85–95% of candles stay lit the whole time you're doing this process.

3. Meditate very deeply with your healing intention. Use a blessing intention that comes from the heart. Remember you are talking to their soul. Stay positive and clear about outcomes you want for them.

4. Spend about 15 -20 minutes heartfully praying to and for your child's welfare.

5. After completion, allow all the candles to burn out naturally - DO NOT intentionally extinguish any of the flames. Collect the flowers or leaves after the candles have naturally gone out and through them in the bushes where no one will pick them up.

Repeat this prayer process with the same intent as many times as you feel.

"The mother can sit in her prayer room and send her energy and love and grace. She must surround herself with candles when she prays. The candlelight is very, very important. That energy is important. The candles must be all the same size. Everyone can test it practically how much effect it has on the children." Sri Kaleshwar